

HSNY Community Health Programs:

Ryan White Part A Food and Nutrition Services Program

Updated April 2025



Overview

This program empowers clients with HIV in managing their health through nutrition. It offers education, resources, and services that build skills and encourage healthy eating and independence around health.

Key Services

Nutrition Counseling

1-on-1 sessions with a registered dietitian offering medical nutrition therapy, personalized advice, and support for managing health and improving eating habits. Nutrition supplements are available for clients who are underweight or malnourished.

Nutrition Classes

Group sessions focused on food and nutrition education. Topics include nutrition basics such as healthy eating and beverage choices, food budgeting, and essential cooking skills to help clients better manage their health effectively.

Client-Choice Pantry Services

Clients can choose from a variety of nutritious food options in our pantry. Our pantry uses a supermarket-style model that promotes choice, autonomy, independence, and healthy food choices. ([Check out our pantry on YouTube!](#))

Light-Touch Case Management

Basic case management support to help clients access services and resources with minimal intervention, ensuring they stay on track with their health management.

Limited Supply: MetroCards, Food Vouchers, Cooking Tools

Essential resources are provided on a limited basis, as determined by staff, to support clients' nutritional and daily needs. Available supplies may include MetroCards, food vouchers (if pantry options are insufficient), and cooking tools. These resources are not guaranteed.

Eligibility

To be eligible for this program, clients must meet all 3 of the following criteria:

1. HIV-positive
2. Residence in New York City, Westchester, Rockland, or Putnam counties
3. Income under 500% of Federal Poverty Level

For More Information

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